

Marriage/Family Resources Suggestions for New Height Community Groups

- [Vertical Marriage](#) - Help your small group connect deeper with God and one another with this all new content from Dave and Ann Wilson and FamilyLife. Vertical Marriage small-group study includes humorous and relatable video sessions followed by group discussion and an intentional couple's connection. Dave and Ann share intimate, details of their own stories and join participants in practically working towards a vibrant marriage on a foundation of active faith.
- [The Art of Marriage](#) - Every marriage is unique, expressed by the colorful personalities of each spouse and textured by the circumstances at play in their lives. Blending these to make marriage work is a divinely inspired art form — challenging to master but definitely worth the effort. In The Art of Marriage, we weave together expert teaching, engaging stories, man-on-the-street interviews, humorous vignettes and much more to portray the hope and beauty of God's design for marriage, and now the same great content is available in a six-week study format. The Art of Marriage small-group series topics include: Love Happens: God's Purpose and Plan. Love Fades: Overcoming Isolation, Love Dances: Fulfilling Our Responsibilities, Love Interrupted: Communication and Conflict, Love Sizzles: Experiencing Real Intimacy, Love Always: Leaving a Lasting Legacy
- [Love Like You Mean It](#) - You've been lied to about love...and it's time to know the truth. Join Bob Lepine, Co-Host of FamilyLifeToday® on this journey of redefining true love by walking through 1 Corinthians 13:4-8. Brought to you by FamilyLife, a leader in biblical marriage content for more than 40 years, the Love Like You Mean It video study will empower couples to love each other the way God intended. Each session includes a group kickstarter and a 20 minute video full of applicable truth, honest couples, and a few laughs along the way. The video sessions are expertly paired with discussion prompts and a fun couples challenge - so you can go from 'watching and learning' to 'understanding and doing.' Jump things off to a fast start by taking the free online couple's assessment! And that's not all! The included assessment will help each couple to identify their own areas of strength and opportunities to grow, so you can complete all 10 sessions OR focus in on only the ones your relationship needs the most right now.
- [Marriage Oneness](#) - It's where you and me become we. In these dynamic, video-based sessions that any couple with a passion for marriages can lead, Marriage Oneness equips couples to grow in true intimacy, connection, and purpose—and experience closeness for a lifetime. Along with a profile to evaluate and address each couple's own oneness level, Marriage Oneness includes Circle Up small-group discussions, Oneness Work application exercises to complete together, and a personalized Next Steps Planner. Marriage Oneness equips couples for closeness in seven key areas: Communication, Conflict Resolution, Money, Spiritual Beliefs, Sexual Intimacy, Roles and Responsibilities, Family and Friends
- [The Smart Stepfamily](#) - When stepfamily life gets tough, remaining dedicated to your commitment is a day-to-day decision. This set includes The Smart Stepfamily book and two Participant's Guides. In The Smart Stepfamily, leading expert Ron L. Deal reveals the seven fundamental steps to blended family success and provides practical, realistic solutions to the issues you face as a stepfamily. Whether married or soon-to-be married, you'll discover how to communicate effectively and solve the everyday puzzles of stepchildren relationships. This revised and expanded edition is 50% new and has updated research and two new chapters with more real-world advice on stepsibling relationships and later-life stepfamilies. - Recognize the unique personality and place of each family member, Solve the everyday puzzles of step parenting and stepchildren relationships, Learn communication skills to deal with ex-spouses, Honor families of origin while developing new traditions, Invest the time to grow their stepfamily slowly rather than look for instant results
- [The Art of Parenting](#) - Help parents make faith the core of their parenting with intentional, biblical teaching and Christ-centered plans. Parents will end the experience with renewed confidence, fresh insights on raising children at different ages, and a parenting plan unique to each child's personality and gifting.
- Inspired by Psalm 127:4, this new eight-session small-group study is video based and covers the following topics:
 - The Goal of Parenting, Forming Character, Applying Discipline, Building Relationships, Understanding Identity, Nurturing Identity, Preparing for Mission, The Power of Family, The engaging video sessions feature interviews with parenting experts, stories from parents who share their own experiences, and dramatic clips from FamilyLife's feature film [Like Arrows](#).
- [Love and Respect](#) - There will be three major questions asked and answered in the 6+ hours of content: Why do we negatively react to each other in marriage? This will be explained in what is called the Crazy Cycle. How do I best motivate my spouse? The Energizing Cycle answers this question. What if my spouse does not respond to me? The Rewarded Cycle informs us what to do. Excited yet burdened about male and female relationships, Dr. Emerson Eggerichs and his wife Sarah launched the Love & Respect Conferences in 1999. Based on over three decades of counseling as well as scientific and biblical research, this conference has given hope and new life to thousands of marriages.