

NHB Meal Train Procedures

In an effort to streamline and simplify the process of creating Meal Trains for our members, we have developed the following procedures:

Community Group Members

The CG leader or designee will be responsible for creating the Meal Train and sharing with their group. The recipient will receive notice that a Meal Train has been created from the Meal Train website and will have the opportunity to share with others (family, friends, co workers) as they see fit.

Ministry Team Member (not in a CG)

The Ministry Team leader or designee will be responsible for creating the Meal Train and sharing with the Ministry Team. Again, the recipient can share beyond their NHB family.

Not a Member of Any Group

The 6:2 Care Crew will create and distribute. If you know of a need, please contact Mitzi Miller at 501-680-5353, or mitzi8603@icloud.com.

If you notice that your Meal Train is not getting filled, please let Mitzi Miller know (501-680-5353) and she will share on the 6:2 Care Crew Group Me.

Who Might Need A Meal Train?

Any disruption in a person's regular routine could cause stress and a feeling of being overwhelmed. Besides a new baby, this might look like an extended illness (either spouse or children), a death, job loss, move, etc. The CG or Ministry Team leader is the best person to gauge the extent of their member's needs.

How To Set Up A Meal Train

1. Go to mealtrain.com and set up an account. It is free and simple, just provide your name and email.
2. Open the Menu and select "New Meal Train"
3. It will walk you thru filling in the name, email, contact info, food preferences, allergies, fav restaurants, etc.

4. When you get to the calendar, ask them when they want the MT to start. Begin on that day and select every other day for 12 meals. That is the standard that we typically set up. The recipient will be emailed a copy and will have the ability to edit any of it as they see fit. I usually ask them to insert a photo of the family, which helps the church recognize who they are!
5. There is an option for donations. We DO NOT solicit cash donations. In order to turn this off, you have to select "Other", and then check the box for "Donations are not needed for this meal train." There are tax implications so we just don't want to get involved with that. Anyone who wants to help but can't provide a meal has the option to send restaurant gift cards by email.
6. Once you have gone through all of the steps, you hit submit and it gives you a unique code which you can share through email, message, or copy and paste. The creator of the MT always has the ability to go back in and edit the MT. You just go to the MT website, sign in, and it will pop up on your dashboard.
7. If you ever have any problems or questions, you can contact Mitzi Miller at 501-680-5353, or mitzi8603@icloud.com.